



Educational Media Only - Screen Time Routine

(e.g. 'only access to educational media')

Follow these steps to set up an **Educational Media** screen time routine.

This screen routine limits kids only to digital media with a clearly stated educational focus (including educational games). It is a useful alternative if your child has trouble disengaging from digital entertainment but gains learning and confidence from educational games.

Remember, you have the flexibility to tailor each step to suit your needs (e.g. require a Reminder but not Approval, change days of the week, due by time, etc.).

Set Daily Allowance and Limits

- Go to the *Play Time Menu* tab and click *Play Time Limits*.
- Click the edit icon for Monday.
- **Choose a Daily Allowance of "0 hours" for Play Time.**
- Ensure *Earliest and Latest Times* are set (e.g. 9:00 to 20:00).
- Click *Copy to every day* (or) set individual days to suit your family routine.
- Click the **SAVE** button.

Turn off Bonus Play Time

- Now take a look at the *Bonus Play Time* section. If you wish for your child to spend Points on Bonus Play Time, this is where you set that.
- We don't want to in this instance, so tick the box *Can't spend Points on Bonus Play Time*.

Set All Day Study Time as the Default

- Go to the *Play Time Menu* tab and click *Study Time*.
- **Check Study Time is the default.**
- Click the **SAVE** button.

We're Here to Help

Our [Habyts Help Desk](#) has top tips and useful resources.

And if you have any questions or need help:

- Email us at contact@habyts.com.
- Call us on +(44) (0)203 865 1884 (USA: 0044 203 865 1884).